Posey® Anchor Strap 2370
Application Instructions

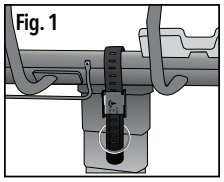
DESCRIPTION OF PRODUCT: Connecting Straps for use with Posey restraints.

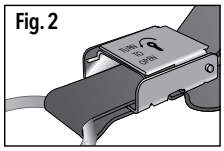
Rx ONLY

Indications for Use
- Patients assessed to be at risk of disrupting life-saving treatments (e.g., pulling tubes or lines) or in danger of injury to themselves or to others.
- Follow your hospital's restraint policies and procedures which are in compliance with CMS guidelines and state laws.

Contraindications
Do not use this device with someone who has continued highly aggressive or combative behavior, self-destructive behavior, or deemed to be an immediate risk to others or to self.

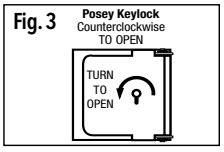
Application Instructions
1. Wrap the strap around the desired locations of the stretcher or bed. Ensure that the strap is wrapped around the frame at least once before passing the end of the strap through the buckle. For diameters less than 3.0" it is recommended that the Biothane webbing be wrapped more than once around the frame. The strap should be placed on the stretcher or bed with lock facing outward and the steel ring hanging down. Be certain to secure the strap in a location where it will not interfere with the operation of the stretcher or bed. (Fig. 2)





2. Secure lock by pressing it shut until you hear a clicking sound. Before leaving strap connected, ensure that it is locked by trying to open it without the key.

To unlock the cuffs
Insert the Posey Key into the lock and turn counterclockwise. Turning clockwise may cause jamming (Fig. 3).
NOTE: Universal Posey Keys fit all Posey locks.



Posey Anchor Strap
REF **2370** Posey Anchor Strap
REF **1074** Posey Universal Key

Precautions
- Avoid using on a patient with a dislocation or fracture on the restrained limb, or if an IV or wound site could be compromised by the device.
- Check the patient regularly to ensure that circulation is not impaired. Serious injury may occur if the cuffs restricts circulation when the limb holder is applied.
- **⚠WARNING** Before each use, check cuffs and straps for cracks, tears, and/or excessive wear or stretch, broken buckles or locks, and/or that hook-and-loop adheres securely as these may allow patient to remove cuff. Discard if device is damaged or if unable to lock.
- **⚠WARNING** Additional or different body or limb restraints may be needed (See Posey Catalog):
  - » If the patient pulls violently against the bed straps.
  - » To reduce the risk of the patient getting access to the line/wound/tube site.
  - » To prevent the patient from flailing or bucking up and down and causing self-injury.

Bed Safety
Refer to the Food and Drug Administration (FDA) for the most recent Hospital Bed Safety Guidelines as well as the Bed Manufacturer for their Instructions for Use.

ADDITIONAL SAFETY AND LAUNDERING INSTRUCTIONS ON OTHER SIDE

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Posey® Safety Information for the Use of Posey Limb Restraining Products

⚠ WARNING: ALWAYS Monitor patients per facility policy.

Improper application or use of any restraint may result in serious injury or death.

RX ONLY. NOT FOR HOME USE. Federal law (USA) restricts this device to sale by or on order of a physician. For use in a licensed healthcare facility only.

Staff Training: Staff must have on going training and be able to demonstrate competency to use this device in accord with: Posey instructions; your facility policies and state and federal regulations (Federal Register, Part IV, 42 CFR Part 482.13(e)(5) and (f)(6); Posey offers inservice training aids at no charge. Contact Posey online at www.posey.com or call toll-free at 1.800.447.6739 (press 5).

Selecting The Right Posey Product: Refer to the Posey catalog to help select the right device to meet individual patients' needs.

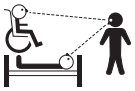
Before Applying Any Restraint:

- Make a complete assessment of the patient to ensure restraint use is appropriate.
- Identify the patient's symptoms and, if possible, remove the cause. You may need to: cater to individual needs and routines; increase rehabilitation and restorative nursing; modify the environment; or increase supervision.
- Use a restraint only when all other options have failed. Use the least restrictive device, for the shortest time, until you find a less restrictive alternative. Patients have the right to be free from restraint.
- Obtain informed consent from the patient or guardian prior to use. Explain the reason for restraint use to the patient and/or guardian to help ensure cooperation.
- A restraint must only be used in accord with the patient's Individualized Care Plan (ICP). The ICP is an assessment by an interdisciplinary team, which may include, but is not limited to: PT, OT, Nursing, the Physician, and Social Services. The ICP should include: restorative nursing; patient release; and pressure sore prevention.

NOTE: Just as patient behavior is not 100% predictable, no product is 100% foolproof. Patient safety requires regular reassessment and monitoring per facility policy. A product that worked in the past may be inappropriate if the patient's mental or physical health status changes. NEVER apply any product that you feel is unsafe. Consult with the proper medical authority if you have questions about patient safety.

⚠ ADDITIONAL WARNINGS:

1. **ALWAYS monitor patient per facility policy. Be aware that constant supervision (by line of sight or a video/audio device) may be required for:**



- Highly aggressive or agitated patients; and
- Patients deemed at risk of aspirating their vomit. This includes patients in the supine position, or who are not able to sit up. If the patient vomits, he or she could aspirate the vomit and suffocate.
- Be prepared to intervene at the first sign of danger. Such patients require frequent review and evaluation of their physical and psychological status.

2. **NEVER alter or repair this product. ALWAYS Inspect before each use:** Check for broken stitches or parts; torn, cut or frayed material; or locks, buckles, or hook and loop fasteners that do not hold securely. DO NOT use soiled or damaged products. Doing so may result in serious injury or death. Dispose of damaged products per facility policy for BIOHAZARDOUS material.

3. **ALWAYS use connecting straps that are designed for use with high security restraint cuffs.** Straps that are not designed for use with Posey high security cuffs may break and increase the risk of death or serious injury to the patients or others.

4. **NEVER use Posey products on toilets, or on any chair or furniture that does not allow proper application as directed in the Application Instructions. Do not use at home.**

5. **NEVER expose this product to open flame, fire, smoking materials, or high heat sources.** Some products may melt or ignite and burn. The facility smoking/no smoking policy should be strictly enforced.

6. **NEVER use a Posey product as a seat belt in a moving vehicle. Posey products are not designed to withstand the force of a crash or sudden stop.**

Laundering Instructions (If Applicable):

Cotton and Polypropylene Products:

- These products can be machine washed under CDC guidelines for material soiled with blood or bodily fluid.

- For non-contaminated material, use lower temperature wash and dry cycles to extend product life.
- Fasten all buckles and locks to reduce risk of damage during wash and dry cycles. DO NOT put buckles or locks through extractors. For maximum life, launder in a laundry bag.
- Inspect all buckles, locks, and metal parts after drying. Discard if damaged.

Leather Products:

CAUTION DISCARD any leather product contaminated with blood or bodily fluid. There is no CDC accepted method to sterilize or disinfect leather. Normal methods (i.e., bleach, autoclaving, steam or ETO gas sterilization) cannot be used because leather is very porous, and will deteriorate if exposed to germicidal chemicals, high heat, or moisture. Also, residual chemicals may accumulate and pose a risk of injury to the caregiver or patient.

Synthetic Leather or Biothane:

- Sanitize by submerging the entire product in 70% isopropyl alcohol for 10 minutes; or
- Apply an OSHA approved intermediate level disinfectant per manufacturer instructions. After cleaning, products MUST be rinsed with water to remove any residual chemicals.
- Make sure products are completely dry before use.

Stainless Steel Locks: Posey recommends that locks be treated with a dry-film lubricant (silicone) after each cleaning. For best results, spray a small amount into the lock. Work the action of the lock with a key several times to ensure that all the surfaces are well lubricated.

Storage And Handling:

- This device is designed for use in normal indoor environments.
- This device may be stored in ambient warehouse temperatures at normal humidity levels. Avoid excess moisture or high humidity that may damage product materials.

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