

Posey® Mesh Peek-A-Boo® Mitt 2825 Application Instructions



Description Of Product:

A single padded mitt with inspection flap.

REF 2825 - Mesh Peek-A-Boo® Mitt



Indications for Use

• Patients assessed to be at risk of disrupting life-saving treatments (e.g., pulling tubes or lines) or in danger of injury to themselves or to others.

Contraindications

• Do not use this device with someone who has continued highly aggressive or combative behavior, self-destructive behavior, is deemed to be an immediate risk to themselves or to others.

CAUTION: Rx Requirements

- Certain types of hand mitts can be considered a restraint. Pinning or otherwise attaching those same mitts to bedding or using a wrist restraint in conjunction with the hand mitts would meet the definition of restraint and the requirements would apply. Refer to CMS Interpretive Guidelines §482.13(e).
- Follow your hospital's restraint policies and procedures which are in compliance with CMS guidelines and state laws.

Precautions

- A clinical assessment and decision are required when used with monitoring/IV lines or if patient has a wound or dislocated/fractured limb.
- Ensure that mitts are properly secured. If applied too tightly, circulation will be restricted; if applied too loosely, the patient may be able to slip his or her limb from the device.
- Warning: Additional or different body or limb restraints may be needed to reduce the risk of the patient getting access to the line, wound, or tube site. (Visit tidiproducts.com)

Bed Safety

• Refer to the Food and Drug Administration (FDA) for the most recent Hospital Bed Safety Guidelines as well as the Bed Manufacturer for their Instructions for Use.

Application Instructions

NOTE: Product is not designed for use with a connecting strap (Visit tidiproducts.com for other options).

- 1. Insert the patient's hand into the mitt, palm down.
- 2. Wrap the wrist strap around the smallest part of the patient's wrist, through the plastic ring, and secure with the hook-and-loop fastener.
- 3. Slide ONE finger (flat) between the mitt and the inside of the patient's wrist to ensure proper fit. The strap must be snug, but not compromise circulation.

To view hand/fingers:

- 4. Reach under the inspection flap, detach the hook-and-loop fastener, and pull back the flap to expose the hand.
- 5. To close the inspection flap, tuck into the end of the mitt and press the hook-and-loop closure together firmly.



Safety Information for the use of Posey® Restraining Products



WARNING: ALWAYS Monitor patients per facility

policy. Improper application or use of any restraint may result in serious injury or death.

FOR RX PRODUCTS ONLY: Federal law (USA) restricts this device to sale by or on order of a physician. For use in a licensed healthcare facility only.

STAFF TRAINING: Posey offers training aids at no charge. Contact Posey online at www.tidiproducts.com or call toll-free at 1.800.447.6739.

BEFORE APPLYING ANY RESTRAINT:

Follow your hospital's restraint policies and procedures which are in compliance with CMS guidelines and state laws.



ADDITIONAL WARNINGS:

- 1. ALWAYS monitor patient per facility policy. Be aware that constant monitoring may be required for:
- Aggressive or agitated patients; and
- Patients in a supine positon; ensure that being in this position would not cause any complications for those who are at risk of vomiting while being restrained.



- 2. NEVER alter or repair this product, ALWAYS Inspect before each use: Check for broken stitches or parts; torn, cut or frayed material; or locks, buckles, or hook-and-loop fasteners that do not hold securely. DO NOT use soiled or damaged products. Doing so may result in serious injury or death. Dispose of damaged products per facility policy for BIOHAZARDOUS material.
- 3. ALWAYS secure straps to a part of the frame that moves with the patient (not foot/head board or siderails, out of the patients reach, using quick-release ties (see drawing below) or **buckles.** These allow easy release in the event of an accident or fire. Test to make sure straps cannot



tighten, loosen, or slip and create excess slack. If this occurs, the patient may slide off the chair or bed, increasing the risk of serious injury or suffocation. Restraint release is an important part of facility fire and disaster drills. Straps can be cut with scissors in an emergency.

- 4. NEVER secure restraint strap to side rail or head/foot board.
- 5. NEVER use Posey products on toilets, or on any chair or furniture that does not allow proper application as directed in the Application Instructions. DO NOT use at home.



- 6. NEVER expose this product to open flame, fire, smoking materials, or high heat sources. Some products may melt or ignite and burn. The facility smoking/no smoking policy should be strictly enforced.
- 7. NEVER use a Posey product as a seat belt in a moving vehicle. Posey products are not designed to withstand the force of a crash



8. Test Zippers or hook-and-loop fasteners before each use. DISCARD device if it does not fasten securely.

LAUNDERING INSTRUCTIONS (if applicable):

- Fasten all buckles and locks to reduce risk of damage during wash and dry cycles. DO NOT put buckles or locks through extractors. For maximum life, launder in a laundry bag.
- Before laundering, zip up and turn the product inside out to protect zipper.
- Hook-and-loop fasteners may collect lint after repeated use or laundering, reducing grip strength. Fasten the "hook" to the "loop" before laundering to help prevent lint buildup. As needed, use a stiff-bristle brush to remove lint from the "hook" side.
- These products, other than foam products, can be machine washed under CDC* guidelines for material soiled with blood or bodily fluid.







- For non-contaminated material, use lower temperature wash and dry cycles to extend product life.
- For foam products:







BIOTHANE:

- Sanitize by submerging the entire product in 70% isopropyl alcohol for 10
- Apply an OSHA approved intermediate level disinfectant per manufacturer instructions. After cleaning, products MUST be rinsed with water to remove any residual chemicals.
- Make sure products are completely dry before use.
- Stainless Steel Locks: Posey recommends that locks be treated with a dryfilm lubricant (silicone) after each cleaning. For best results, spray a small amount into the lock. Work the action of the lock with a key several times to ensure that all the surfaces are well lubricated.

STORAGE AND HANDLING:

- This device is designed for use in normal indoor environments.
- This device may be stored in ambient warehouse temperatures at normal humidity levels. Avoid excess moisture or high humidity that may damage product materials.

*www.cdc.gov

HOW TO TIE THE POSEY QUICK-RELEASE TIE











- 1. Wrap strap once around the frame that moves with the patient (do not attach to side rail or head/footboard), leaving at least an 8" (20cm) tail. Fold the loose end in half to create a loop and cross it over the other end.
- 2. Insert the folded strap where the straps cross over each other, as if tying a shoelace. Pull on the loop to tighten.
- 3. Fold the loose end in half to create a second loop.
- 4. Insert the second loop into the first loop.
- 5. Pull on the loop to tighten. Test to make sure strap is secure and will not slide in any
- 6. Repeat on other side. Practice quick-release ties to ensure the knot releases with one pull on the loose end of the strap.



