



# Posey® Heel Pillows/Foot Positioner

Quality Products since 1937

WOUND PREVENTION

## HEEL PILLOW

Posey Heel Pillows help protect heels and ankles from skin irritation and friction burns. The protectors are filled with polyester fiber, covered with a cotton fabric, and have a padded adjustable strap with a hook and loop closure. The Heel Pillows are machine washable and sized for most applications. One pair per package.

**REF 6115, V6115** Pastel Plaid, 10" L x 9"H (26 cm x 23 cm)

**REF 6115L** Pastel Plaid, Large, 11½" L x 11" H (29 cm x 28 cm) (Recommended for large or edematous foot/ankle)

**REF 6116, V6116** Navy, 10" L x 9"H (26 cm x 23 cm)



## MONITORING

**WARNING** Be sure to follow your facility's policies and guidelines for frequency of patient monitoring. Posey recommends that this product be removed at least every two (2) hours to check for skin integrity, proper circulation and range of motion.

## INSPECTION

**WARNING** Inspect before each use: check for broken stitches; or torn, cut or frayed material. DO NOT use soiled or damaged products.

## APPLICATION INSTRUCTIONS

1. Unfasten the hook and loop padded strap.
2. Place the product on the foot so the seam is visible along the sole, not up the leg, and the padded strap can be secured across the ankle.
3. Fasten the hook and loop padded strap for the desired fit.

**CAUTION** DO NOT allow the patient to walk or ambulate while wearing this product.

## DISPOSAL

**WARNING** Properly dispose of the product per facility's policy for BIOHAZARDOUS materials.

## STORAGE AND HANDLING

This device is designed for use in normal indoor environments. This device may be stored in ambient warehouse temperatures at normal humidity levels. Avoid excess moisture or high humidity that may damage product materials.

## WASHING INSTRUCTIONS:

Close hook and loop before washing.



## FOOT POSITIONER

This product is designed for use with the 6115, V6115, 6115L, 6116 and V6116 Heel Pillows. The Foot Positioner provides additional support by holding the foot in dorsiflexion to help control foot drop. Side vents help promote air circulation. This lightweight product is made of wipe clean material. Sold individually.

**REF 61171** 9" L x 9" H (23 cm x 23 cm)



## MONITORING

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## INSPECTION

**WARNING** Inspect before each use: check for broken stitches; or torn, cut or frayed material. DO NOT use soiled or damaged products.

## APPLICATION INSTRUCTIONS

(For use only with Posey 6115, 6115L, 6116, V6115 and V6116 Heel Pillows)

1. Position one of the above Posey Heel Pillows into the 61171 Foot Positioner. Thread the strap from the Heel Pillow through the slot. On the opposite inside panel, secure the Heel Pillow to the loop fastener.
2. Place the combination Foot Positioner/Heel Pillow on the patient's foot, orientating the Foot Positioner so that the Heel Pillow attaching strap is on the outside of the patient's foot.
3. Pull the strap across the patient's ankle, securing both the Foot Positioner and Heel Pillow into place. Attach the strap to the hook fastener on the outside of the opposite side.

**CAUTION** DO NOT allow the patient to walk or ambulate while wearing this product.

## CLEANING INSTRUCTIONS:

### Vinyl Products:

- Wipe Clean with mild detergent. OSHA approved intermediate level disinfectants can be used per manufacturer instructions. DO NOT use phenol and benzyl based disinfectants.



## DISPOSAL

**WARNING** Properly dispose of the product per facility's policy for BIOHAZARDOUS materials.

## STORAGE AND HANDLING

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