

PRO-heelLx® Heel Protector

The Posey PRO-heelLx Heel Protector offloads patient heels for the prevention or treatment of heel pressure ulcers.



- Continuous 2" (5 cm) heel suspension, which helps provide maximum heel ulcer prevention or treatment for your patient.
- Ortho-Wick™ inner liner material for moisture management and patient care and comfort.
- The outer fabric is made of breathable nylon, allowing moisture and heat to migrate away from the foot and reduces friction and shear to the lower extremities.
- Four easily adjustable durable straps and reinforced padded sides reduce the risk of foot drop.
- Posey quality construction allows the PRO-heelLx to be laundered and it will maintain its shape and resiliency.
- Small, medium and large sizes available to customize fit for any patient type.
- Optional stabilizer wedge (6219) is available to help prevent lateral foot and leg rotation.
- Meets CA #117, Section E Flame Retardancy Standards.

REF 6218S	Small	REF 6218WS	Small with Stabilizer Wedge
REF 6218	Medium	REF 6218WM	Medium with Stabilizer Wedge
REF 6218L	Large	REF 6218WL	Large with Stabilizer Wedge
REF 6219	Stabilizer Wedge		

Monitoring

WARNING Be sure to follow your facility's policies and guidelines for frequency of patient monitoring. Posey recommends that this product be removed at least every two (2) hours to check for skin integrity, proper circulation and range of motion.

Inspection

WARNING Inspect before each use: check for broken stitches; or torn, cut or frayed material. DO NOT use soiled or damaged products. Clean lint from "hook" material with a stiff brush for a secure application.

Application Instructions:

1. Record the patient's name on the ID label (Fig. 1).
2. Release all hook and loop closures.
3. Gently lower the patient's foot into the protector (Fig. 2).
4. Attach the calf straps to the opposing side (Fig. 3). The straps should be applied securely to ensure that the protector cannot be easily removed from the patient's lower leg.
5. For foot drop control, criss-cross the upper straps over the patient's foot and secure them to the top and sides of the protector (Fig. 4) or down the side (Fig. 5).
6. Use two fingers to ensure there is adequate clearance between the straps and the patient's foot, and that they are not overtightened (Fig. 6). Place fingers through the heel opening to ensure that the heel is properly isolated (Fig. 7). Adjust straps if necessary.
7. Securely attach hook side of the wedge to either side of the PRO-heelLx to prevent lateral foot and leg rotation (Fig. 8).

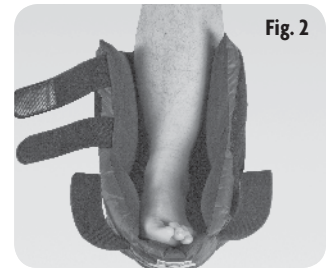
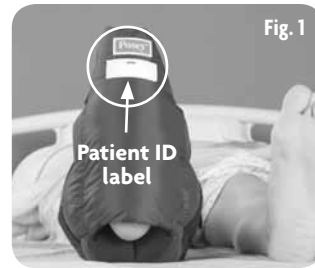
WARNING DO NOT use heel protector as an elbow protector. DO NOT walk while wearing the protector on the foot.

Laundering Instructions

The protector can be laundered and will maintain its shape and resiliency. Secure all straps before laundering.



Size	PRODUCT DIMENSIONS			SUGGESTED FITTING GUIDELINES		
	Horizontal Calf Section	Vertical Foot Section	Side Panels	Calf Circumference	Shoe Sizes	
					Women	Men
6218S - Small	4 ½" W x 11" L (11 cm x 28 cm)	4 ½" W x 9"H (11 cm x 23 cm)	4" H (10 cm)	Up to 12" (30 cm)	Up to 6	-
6218 - Regular	5 ½" W x 13" L (14 cm x 33 cm)	5 ½" W x 10"H (14 cm x 25 cm)	5" H (13 cm)	Up to 16" (41 cm)	7-11	Up to 11
6218L - Large	6 ½" W x 16" L (17 cm x 41 cm)	6 ½" W x 13"H (17 cm x 33 cm)	5" H (13 cm)	Up to 20" (51 cm)	-	12+



Disposal

WARNING Properly dispose of the product per facility's policy for BIOHAZARDOUS materials.

Storage and Handling

This device is designed for use in normal indoor environments. This device may be stored in ambient warehouse temperatures at normal humidity levels. Avoid excess moisture or high humidity that may damage product materials.