



# Posey Heel and Elbow Protectors with Foam Pads Application Instructions



Posey®

**DESCRIPTION OF PRODUCT:** Posey Heel and Elbow Protectors with foam pads contain a blend of acrylic, nylon, and spandex.

**INTENDED USE:** Heel and Elbow Protectors with foam padding are intended to provide protection from contact surfaces to the heel and elbow.

**CONTRAINDICATIONS:** None.

**FITTING GUIDELINES:** Actual fit will depend on individual heel/elbow measurements and patient comfort level. These protectors will stretch.

**APPLICATION INSTRUCTIONS:**

1. Make sure the skin area to be covered by the Heel and Elbow Protector is free of any open wounds or pressure ulcers.
2. Select the appropriate size for the patient's heel or elbow.
3. Slip the Heel and Elbow Protector over the foot or arm and position the internal contoured pad over the area to be cushioned.
4. The Heel and Elbow Protector should fit snugly on the limb. If it appears to be too tight or loose, choose the next-most appropriate size to ensure patient comfort.

**Note: Latex Free**

**PRECAUTIONS:**

The higher the degree of stretching, the tighter the fit on the patient's foot or arm.

This device is designed for use in normal indoor environments. This device may be stored in ambient temperatures at normal humidity levels. Avoid excess moisture or high humidity, which may damage product materials. When not in use, fold the cushion into thirds for easy, compact storage.



SKU	SIZE	RECOMMENDED LIMB CIRCUMFERENCE
<b>REF</b> 6224M	Medium	11" (28cm)
<b>REF</b> 6224L	Large	13.5" (34 cm)
<b>REF</b> 6224XL	X-Large	16" (40.5 cm)

**LAUNDERING INSTRUCTIONS:**



**⚠ WARNING:** Additional information (visit [tidiproducs.com](http://tidiproducs.com))

- Hospital Facility: Follow your hospitals policies and procedures for skin assessment. Consult healthcare professionals when in use.
- Home Care Setting: Assess skin under the Heel and Elbow Protector at least daily or if any discomfort, swelling, or irritation occurs. If unsure of frequency of assessment based on your medical condition, consult with your healthcare provider.
- Inspect before each use: check for broken stitches; or torn, cut or frayed material. Do not use soiled or damaged products.
- Heel and Elbow Protectors should not be worn when walking.
- Hospital Facility: Properly dispose of the product per facility's policy for biohazardous materials.
- Home Care Setting: Devices should be placed in securely sealed bags or containers and disposed of in waste bin per local regulations for medical waste. These devices should not be recycled.

