



# Posey® Roll Belt 1231, 1231Q, & 1231QXL Application Instructions



**Rx ONLY**

**DESCRIPTION OF PRODUCT:** Roll belt for hospital bed or stretcher.

**INTENDED USE:**

- To protect patients by securing them to a hospital bed or stretcher to limit unassisted exits and unwanted movement among patients assessed to:
  - Be at risk of unassisted hospital bed or stretcher exits.
  - Need a positioning device to assist with medical treatment.
  - Roll belts allow increased freedom of movement for patients allowing them to roll from side to side or sit up in bed.
- Follow your hospital’s restraint policies and procedures that are compliant with USA CMS guidelines and state laws, or other governing agencies outside the USA.

**CONTRAINDICATIONS:** None.

**APPLICATION INSTRUCTIONS: INCREASED MOVEMENT**

1. Open the belt and center it across the mattress, with the flannel side toward the small of the patient’s back.
2. Position the patient in bed with the belt at waist level.
3. Secure the short strap with a quick-release tie or buckle to a part of the bed frame that moves with the patient, out of the patient’s reach.

4. Bring the long strap over and around the patient’s waist and back, and then behind the patient, through the slot in the back pad (Fig. 1).



5. Secure the long strap with a quick-release tie or buckle to a part of the bed frame that moves with the patient, out of the patient’s reach. The belt must be snug, but not interfere with breathing. To check for proper fit, slide an open hand (flat) between the belt and the patient.

6. Check that the straps are secure and will not change position, loosen, or tighten if the patient pulls on them, or if the bed is adjusted.

**APPLICATION INSTRUCTIONS: DECREASED MOVEMENT**

1. Open the belt and center it across the patient, with the flannel side of the belt across the patient’s abdomen.
2. Bring the long strap over, around the patient’s waist and in front of the patient, through the slot in the front (Fig. 2).

3. Position the patient in bed with the belt at waist level.

4. Secure the short strap to a part of the bed frame that moves with the patient with a quick-release tie or buckle, out of the patient’s reach.



5. Secure the long strap to part of the bed frame that moves with the patient with a quick-release tie or buckle, out of the patient’s reach. The belt must be snug, but not interfere with breathing. To check for proper fit, slide an open hand (flat) between the belt and the patient.

6. Check that the straps are secure and will not change position, loosen, or tighten if the patient pulls on them, or if the bed is adjusted.

**PRECAUTIONS:** None.



**POSEY ROLL BELT:**

- REF 1231** Roll Belt (single strap with tie end)
- REF 1231Q** Roll Belt (single strap with quick-release buckle)
- REF 1231QXL** Roll Belt (single strap with quick-release buckle); X-Large

**⚠ WARNING:** Additional restraints may be needed (visit [tidiproductions.com](http://tidiproductions.com))

- A clinical assessment and decision are required when used with a wound or surgical site, ostomy, colostomy, G-tube, hernia, monitoring line, or other surgical drains/tubes.
- A restraint applied incorrectly may cause patient injury or escape. Never apply product backwards or criss-cross the straps behind the patient. Make sure the straps cannot slide, loosen, or tighten if patient pulls on them. Readjust straps if hospital bed or stretcher position changes.
- Some patients may require additional interventions in conjunction with a restraint in order to prevent injury to self or others.
  - If the patient pulls violently against the straps.
  - To prevent the patient from flailing or bucking up and down, causing self-injury.
- Make sure patient wears proper undergarments to protect skin.
- It is a clinical decision to decide when a restraint is no longer deemed safe.

**BED SAFETY:** Refer to the Food and Drug Administration (FDA), or other governing agencies outside the USA, for the most recent Hospital Bed Safety Guidelines and the bed manufacturer’s instructions for use.

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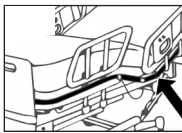
**ADDITIONAL SAFETY AND LAUNDERING INSTRUCTIONS ON OTHER SIDE.**

**For RX PRODUCTS ONLY.** Federal law (USA) restricts RX devices to sale by or on order of a physician. For use in a licensed healthcare facility only.

**STAFF TRAINING:** TIDI offers in-service training aids at no charge. Contact TIDI online at [www.tidiproducts.com](http://www.tidiproducts.com) or call toll-free at 1.800.521.1314.

**BEFORE APPLYING ANY RESTRAINT:** Follow your hospital's restraint policies and procedures that are compliant with USA CMS guidelines and state laws or other governing agencies outside the USA.

**⚠️ ADDITIONAL WARNINGS:**


1. ALWAYS monitor patient per facility policy. Improper application or use of any restraint may result in serious injury or death. Be aware that constant monitoring may be required for:
  - Aggressive or agitated patients; and
  - Patients in a supine position; ensure that being in this position would not cause any complications for those who are at risk of vomiting while being restrained.
2. NEVER alter or repair this product. ALWAYS inspect before each use: Check for broken stitches or parts; torn, cut or frayed material; or locks, buckles, or hook-and-loop fasteners that do not hold securely. DO NOT use soiled or damaged products. Doing so may result in serious injury or death. Dispose of damaged products per facility policy for BIOHAZARDOUS material.
3. ALWAYS secure straps to a part of the frame that moves with the patient (not foot/head board or siderails), out of the patients reach, using quick-release ties (see drawing below) or buckles. These allow easy release in the event of an accident or fire.
 

Test to make sure straps cannot tighten, loosen, or slip and create excess slack. If this occurs, the patient may slide off the chair or bed, increasing the risk of serious injury or suffocation. Restraint release is an important part of facility fire and disaster drills. Straps can be cut with scissors in an emergency.
4. NEVER secure restraint strap to side rail or head/foot board.
5. NEVER use Posey products on toilets, or on any chair or furniture that does not allow proper application as directed in the Application Instructions. DO NOT use at home.
6. NEVER expose this product to open flame, fire, smoking materials, or high heat sources. Some products may melt or ignite and burn. The facility smoking/no smoking policy should be strictly enforced.
7. NEVER use a Posey product as a seat belt in a moving vehicle. Posey products are not designed to withstand the force of a crash or sudden stop.
8. Test Zippers or hook-and-loop fasteners before each use. DISCARD device if it does not fasten securely.

**LAUNDERING INSTRUCTIONS** (if applicable):

- Fasten all buckles and locks to reduce risk of damage during wash and dry cycles. DO NOT put buckles or locks through extractors. For maximum life, launder in a laundry bag.
- Stainless Steel Locks: Posey recommends that locks be treated with a dryfilm lubricant (silicone) after each cleaning. For best results, spray a small amount into the lock. Work the action of the lock with a key several times to ensure that all the surfaces are well lubricated.
- Before laundering, zip up and turn the product inside out to protect zipper.
- Hook-and-loop fasteners may collect lint after repeated use or laundering, reducing grip strength. Fasten the “hook” to the “loop” before laundering to help prevent lint buildup. As needed, use a stiff-bristle brush to remove lint from the “hook” side.

• These products, other than foam products, can be machine washed under CDC guidelines for material soiled with blood or bodily fluid.



- For non-contaminated material, use lower temperature wash and dry cycles to extend product life.

• For foam products:

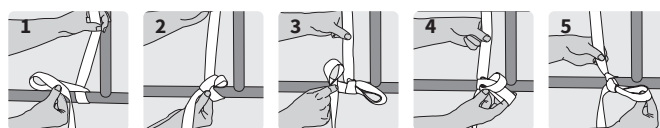


- Make sure products are completely dry before use.

**STORAGE AND HANDLING:**

- This device is designed for use in normal indoor environments.
- This device may be stored in ambient warehouse temperatures at normal humidity levels. Avoid excess moisture or high humidity that may damage product materials.

**HOW TO TIE THE POSEY QUICK-RELEASE TIE**



1. Wrap strap once around the frame that moves with the patient (do not attach to side rail or head/footboard), leaving at least an 8” (20 cm) tail. Fold the loose end in half to create a loop and cross it over the other end.
2. Insert the folded strap where the straps cross over each other, as if tying a shoelace. Pull on the loop to tighten.
3. Fold the loose end in half to create a second loop.
4. Insert the second loop into the first loop.
5. Pull on the loop to tighten. Test to make sure strap is secure and will not slide in any direction.
6. Repeat on other side. Practice quick-release ties to ensure the knot releases with one pull on the loose end of the strap.

**DISPOSAL:** Dispose of product according to local or facility guidelines if product is worn or damaged.