

## Posey® SureHold™ Limb Holder 2555SS Application Instructions for Wrist or Ankle



### **Rx ONLY**

**DESCRIPTION OF PRODUCT:** Padded Limb Holders. For bed and stretcher use only.

#### INTENDED USE:

- To protect patients assessed to be at risk of disrupting life-saving treatments (e.g., chronic tube pulling) or in danger of injury to themselves or to others by limiting limb movement in a bed or stretcher.
- Follow your hospital's restraint policies and procedures that are compliant with USA CMS guidelines and state laws, or other governing agencies outside the USA.

### **CONTRAINDICATIONS: None**

**APPLICATION INSTRUCTIONS:** The order of either application or removal of the straps to the bed OR the cuff to the patient is to be determined by the clinician. Follow these steps to apply device.



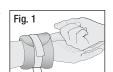
- 1. Wrap the limb holder cuff around the patient's wrist/ankle so the buckle and connecting strap is on the ulnar side of the wrist or lateral malleolus of the ankle.
- 2. Secure the hook-and-loop fastener. Slide ONE finger (flat) between the cuff and the inside of the patient's wrist/ankle to ensure proper fit (Fig. 1). The strap must be snug, but not compromise circulation.
- Close the quick-release buckle on the cuff. To tighten, pull "hook" end of cuff strap down. To loosen, unclip buckle and angle lateral edge of buckle upward (Fig. 2).
- 4. Attach the "hook" end of the cuff strap to the "fuzzy" backing on the cuff to keep the cuff strap flat to cuff (Fig. 3).

### APPLYING THE ANCHOR STRAPS: (Repeat steps 1-3 on each side):

- 1. Bring the ends of the anchor strap down through the inside of the side rails (Fig. 4) as shown on step #1 label on strap, so they do not interfere when the side rails are raised. Make sure that the anchor straps are attached to the frame that moves with the patient (Fig. 5) (do not attach to side rail or head/footboard), out of the patient's reach.
- 2. After threading through the anchor point, feed the end of strap through the arrows of the SureHold buckle (Fig. 6) as shown on step #2 label on the strap.
- 3. Cinch SureHold buckle as far down to the bed anchor point as possible, away from patient access. Pull on the anchor strap near the cuff to assure security and tuck excess strap (Fig. 7).

**ADJUSTING STRAP LENGTH:** To increase or decrease the length of the bed anchor strap, you must press the push button located on the top of the SureHold buckle and hold, pulling the inner strap up to loosen or the outer strap to tighten.

**TO REMOVE:** Release the cuff from the patient. To fully release from the bed, you must press the push button and pull the SureHold buckle up until the outer strap is released from the buckle and bed anchor point (Fig. 8). If the SureHold buckle is removed from the anchor strap, slide the anchor strap through the top of the buckle with the single (•) as shown in Fig. 9.









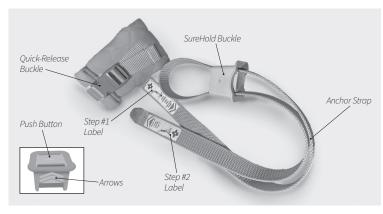












### POSEY LIMB HOLDER: SINGLE PATIENT USE

**REF** 2555SS

Cuff: Quick-Release Buckle

Strap: Single Strap with SureHold Buckle

May be patented: see www.tidiproducts.com/virtual-patent-marking

**TO LIMIT LOWER LIMB RANGE OF MOTION FOR LEGS (Fig. 10):** The clinician applying the strap's criss-cross application method can determine which is applied first (cuff or strap) and which end of the restraint is criss-crossed. Refer to application instructions for applying cuff and anchor strap.

- Attach the cuff that is secured to the bottom right side of the frame, that moves with the patient, out of the patient's reach to the left ankle.
- Criss-cross the straps and attach the cuff secured to the bottom left side of the frame, that moves with the patient, out of the patient's reach to the right ankle.
- 3. Adjust connecting straps as necessary. See ADJUSTING STRAP LENGTH.

### PRECAUTIONS:

- A clinical assessment and decision are required when used with monitoring lines or if patient has a wound or dislocated/fractured limb.
- Check the patient regularly to ensure that circulation is not impaired. Serious injury may occur if the cuffs restricts circulation when the limb holder is applied.

# WARNING: Additional or different body or limb restraints may be needed (visit tidiproducts.com):

- Some patients may require additional interventions in conjunction with a restraint in order to prevent injury to self or others.
  - If the patient pulls violently against the bed straps.
  - To reduce the risk of the patient getting access to the line/wound/tube site.
  - To prevent the patient from flailing or bucking up and down and causing self-injury.
- It is a clinical decision to decide when a restraint is no longer deemed safe.

**BED SAFETY:** Refer to the Food and Drug Administration (FDA), or other governing agencies outside the USA, for the most recent Hospital Bed Safety Guidelines and the bed manufacturer's instructions for use.

ΕN

ADDITIONAL SAFETY INSTRUCTIONS ON OTHER SIDE.







# Safety Information for the use of Posey® SureHold™ Limb Holders



**For RX PRODUCTS ONLY.** Federal law (USA) restricts RX devices to sale by or on order of a physician. For use in a licensed healthcare facility only.

**STAFF TRAINING:** TIDI offers in-service training aids at no charge. Contact TIDI online at www.tidiproducts.com or call toll-free at 1.800.521.1314.

## ADDITIONAL WARNINGS:

- ALWAYS monitor patient per facility policy. Improper application or use of any restraint may result in serious injury or death. Be aware that constant monitoring or a consideration for the type of limb holder used may be required for:
  - Aggressive or agitated patients; and
  - Patients in a supine position; ensure that being in this position would not cause any complications for those who are at risk of vomiting while being restrained.
- 2. ALWAYS secure straps to a part of the frame that moves with the patient (NEVER secure to side rails or head/foot board), out of the patients reach, using provided SureHold buckles. These allow easy release in the event of an accident or fire. Test to make sure straps cannot tighten, loosen, or slip and create excess slack. If this occurs, the patient may slide off the bed, increasing the risk of serious injury or suffocation. Restraint release is an important part of facility fire and disaster drills. Straps can be cut with scissors in an emergency.
- NEVER use Posey products on toilets, or on any chair or furniture that does not allow proper application as directed in the Application Instructions. DO NOT use at home.
- 4. NEVER expose this product to open flame, fire, smoking materials, or high heat sources. Some products may melt or ignite and burn. The facility smoking/no smoking policy should be strictly enforced.
- 5. NEVER use a Posey product as a seat belt in a moving vehicle. Posey products are not designed to withstand the force of a crash or sudden stop.

### **DEVICE CARE AND INSPECTION:**

- DO NOT use products that are damaged and/or soiled with blood or other
  potentially infectious materials. Dispose of these soiled products per
  facility policy for BIOHAZARDOUS material.
- There is no validated method to clean and disinfect this product, but it
  may be wiped to reduce non-biohazard contaminants using a
  non-phenol, alcohol-based wipe or cleaner. DO NOT launder.
- NEVER alter or repair this product.
- ALWAYS Inspect before each use: Check for broken stitches or parts; torn, cut, or frayed material; or buckles or hook-and-loop fasteners that do not hold securely.
- Test buckles and hook and loop fasteners before each use. DISCARD device if it does not fasten securely.

### **DISPOSAL:**

 If product is worn or damaged, dispose of product according to local or facility guidelines.

### **STORAGE AND HANDLING:**

- This device is designed for use in normal indoor environments.
- This device may be stored in ambient warehouse temperatures at normal humidity levels. Avoid excess moisture or high humidity that may damage product materials.



